

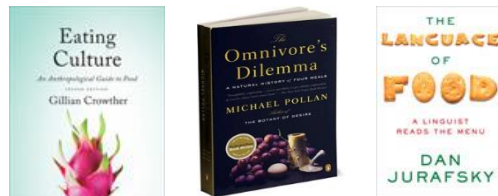
UNIVERSITY OF MINNESOTA

Duluth Campus

Department of Studies in Justice, Culture, and Social Change
College of Humanities, Arts, and Social Sciences

228 Cina Hall
1123 University Drive
Duluth, Minnesota 55812-3306
E-mail: troufs@d.umn.edu
ZOOM: <https://umn.zoom.us/my/troufs>
13 February 2022

Anthropology of Food Week 6



Direct Link
to Canvas

Available on-line in your  canvas folder at

2022 [Canvas Modules](#)
[Module 6](#)

(click links for details)

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Tim Roufs Inspecting Durians in Singapore Market, 2017

What's Happening Week 6?

It's a busy week!

Super Bowl

Midterm Exam

Food and Religion: Comparative Analysis

Selective Attention Tests

THIS WEEK'S HIGHLIGHTS

(click links for details)

 = leave page



It's Super Bowl Sunday!

How Many Buffalo Wings Can you Eat in 12 Minutes?

Hotdogs in 10 Minutes?

Competitive Eating is a Major League Sport . . .

[check it out  here]

GENERAL COMMENTS FOR THE WEEK . . .

One big event of the week is the

Midterm Exam

which will be available from Monday a.m. to Saturday,

14 - 19 February 2022

(10:00 p.m. starting time on Saturday)

After the exam we'll have a comparative look at Food and Religion . . . by looking at Pigs . . . in Malaysia. . . and Food as medicine in China, and how food amongst traditional Chinese Buddhists *unites* families. It is part of a comparison with the Chinese in Malaysia, as seen in *Pig Commandments*, where food *divides* Chinese families. See details on the comparison with this week's "Video Explorations".

(REM: comparative methods
are a fundamental feature of Anthropology.)

Food and Religion

We'll close the week off with a discussion on the Worldwide Slow Food Movement and Locavorism.

After all of that, it's back to your Class Project.

(optional) **LIVE CHAT: MIDTERM EXAM / OFFICE HOURS ...**

(Tuesday, 7:00-8:00 CDT, or E-mail)

[Contact Information](#)

VIDEO EXPLORATIONS WEEK 6 ...

Real People ... Real Places ...

[Videos for the Semester](#)

After the Exam Take the Two Very Short

Selective Attention Tests

(2X <2 min.)

Then watch:

Pig Commandments

(72 min, 2005)

Taste of China, Part 2,

"Food for Body and Spirit"

(29 min., 1984)

WEEK 6 SLIDES ...

[Class Slides for the Semester](#)

Other Important Terms

(.pptx)

[click  here]

Review Slides for the Midterm Exam

READINGS FOR WEEK 6 . . .

[Readings for the Semester](#)

[Textbook Information](#)

After the Exam:

For after the [Midterm Exam](#)

- *Eating Culture, Second Edition*, Gillian Crowther

- CHAPTER FIVE: RECIPES AND DISHES

- *Omnivore's Dilemma*, Michael Pollan

- "Introduction: our national eating disorder"
- Ch. 1 "The plant: corn's conquest"
- Ch. 2 "The farm"
- Ch. 3 "The elevator"
- Ch. 4 "The feedlot: making meat"

(We're starting this book here, with Michael Pollan's discussion of "The forager" and "The ethics of eating animals" as next. Week we begin having a closer look at hunting / gathering / foraging as a way people get their food in nonindustrialized societies)

- *The Language of Food*, Dan Jurafsky

- (Review)

OTHER ASSIGNMENT INFORMATION . . .

[Main Due Dates](#)

s2022 [Module 6 – Week 6](#)

DUE: MIDTERM EXAM . . .

which will be available from Monday a.m. to Saturday,
14 - 19 February 2022
(10:00 p.m. starting time on Saturday)

Study Questions are at . . .

s2022 @ <https://canvas.umn.edu/courses/282589/modules/items/7029877>

[click  here]

General Midterm Exam Information is at . . .

https://www.d.umn.edu/cla/faculty/troufs/anthfood/afexams_midterm.html#title

REM: [Live Chat](#) is Tuesday at 7:00 pm

PROJECT INFORMATION . . .

[Basic Information](#)

[Main Due Dates](#)

DUE: DISCUSSION WEEK 6 . . .

"Slow Food Convivia / Locavorism"

(optional) **FOR FUN FOOD TRIVIA . . .**

[Food Trivia HomePage](#)

(optional) **"What religious food prohibitions do Buddhists have?"**

(optional) **EXTRA CREDIT . . .**

[Basic Extra Credit Information](#)

OTHER (OPTIONAL) . . .

QUESTIONS? / COMMENTS?

Competitive Eating

is a Major League Sport . . .

(Sometimes more interesting than other championship major league events,
including the Super Bowl)

In the News:

Joey Chestnut eats record 76 hot dogs in 10 minutes to win Nathan's Famous title

[a new world record] – [The Guardian](#) (4 July 2021)



Joey Chestnut at Nathan's 2020 Hot Dog Eating Contest

'It smelled like pain and regret': inside the world of competitive hot chilli eaters

-- [The Guardian](#) (1 April 2021)

Joey Chestnut Devours 12-Pound Walking Taco In 38 Minutes!

-- [TMZ Sports](#) (5 October 2020)

 <https://www.youtube.com/watch?v=nSu0DCfu84g>

Competitive hotdog eaters nearing limit of human performance

– [The Guardian](#) (14 July 2020)

Should hot dog eating competition hero Joey Chestnut be included in greatest 'athlete' debate?

-- [USA TODAY](#) (05 July 2020)

**NFL Writer Peter King Is Offended By 4th Of July Hot Dog Eating Contest,
Calls It A ‘Sin’**

-- [brobible](#) (05 July 2020)

Woman dies in Australia Day lamington-eating contest

-- [BBCnews](#) 27 January 2020

How many Buffalo Wings can you eat in 12 minutes?

How many hot dogs in 10 minutes? . . .



**Sonya “The Black Widow” Thomas
ate 183 chicken wings in 12 minutes in 2011 to gain National Title**

[The Daily Mail](#) (06 September 2011)

“Thomas had won 1st place in the [National Buffalo Wing Festival](#) US chicken wing eating championship five-years straight from 2007-2011. On September 4, 2011, she attained the United States Chicken Wing Eating Championship in Buffalo, New York by eating 183 chicken wings in 12 minutes. On September 2, 2012 [Joey \[“Jaws”\] Chestnut](#) consumed 191 wings (7.61 pounds) in 12 minutes to take competitive-eating trophy from the five-year champion Sonya Thomas.” — Wikipedia

The Buffalo News (12 September 2012)

Sonya “The Black Widow” Thomas holds

39 World Competitive Eating Records [↗](#).

Sonya “The Black Widow” Thomas HomePage [↗](#)

Sonya “The Black Widow” Thomas Wikipedia Page [↗](#)

My niece, Buffy Gorrilla, published a good article,
on competitive eating in Australia, pointing out world Competitive Eating records:

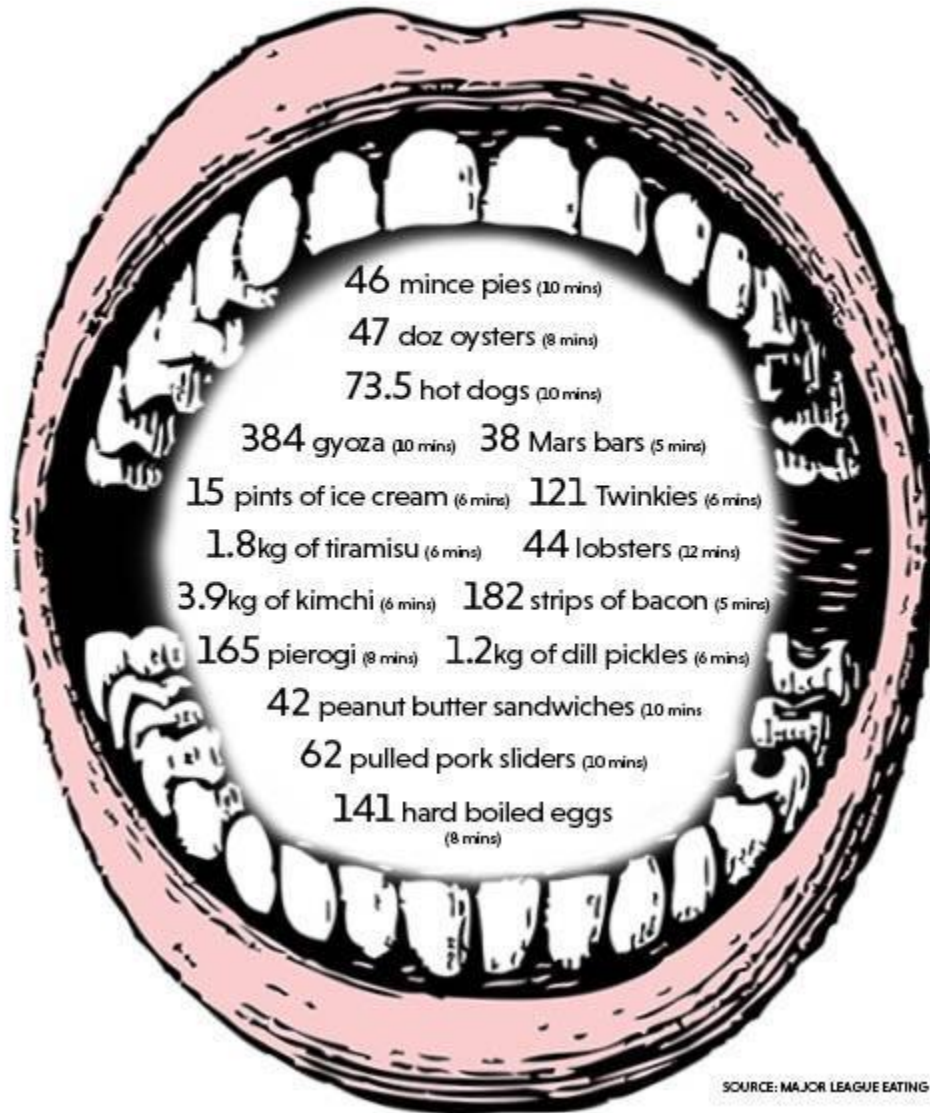
Getting a taste for competitive eating [↗](#)

— Buffy Gorrilla

(This post originally appeared on The Citizen Thursday 18 August 2016)

World Competitive Eating Records include . . .

EAT YOUR HEART OUT: WORLD COMPETITIVE EATING RECORDS



Source: [Gorrilla 2016](#)

The class **Competitive Eating WebPage**
is on-line at

<http://www.d.umn.edu/cla/faculty/troufs/anthfood/afcompetitiveeating.html#title> 

General Comments for the Week

One big event of the week is the

Midterm Exam

which will be available from Monday a.m. to Saturday,

14 - 19 February 2022

(10:00 p.m. starting time on Saturday)

After the exam we'll have a comparative look at Food and Religion . . . by looking at Pigs . . . in Malaysia. . . and Food as medicine in China, and how food amongst traditional Chinese Buddhists unites families. It's part of a comparison with the Chinese in Malaysia, as seen in *Pig Commandments*, where food divides Chinese families. See details on the comparison with this week's "Video Explorations".

(REM: **comparative methods** are a fundamental feature of Anthropology).

Food and Religion

We'll close the week off with a discussion on the Slow Food Movement worldwide.

After all of that, it's back to your Class Project.

(optional) **LIVE CHAT: MIDTERM EXAM / OPEN FORUM / OFFICE HOURS . . .**

Contact Information[🔗](#)

Tuesday, @ 7:00-8:00 p.m. (CDT)

"ZOOM"[🔗](#)

[click ↑ here]

or

e-mail anytime: <mailto:troufs@d.umn.edu>

[click ↑ here]



Live Chat is optional.

VIDEO EXPLORATIONS WEEK 6 . . .

Real People . . . Real Places . . .

[Videos for the Semester](#)

After the Exam first take the **Selective Attention Tests**

(2 X <2 min.)

And hopefully, also as noted last week, in the remainder of the term you will be **applying your analytical anthropological skills** that you have been developing and honing in the first five weeks of the course. We will be visiting many parts of the globe in the process—so you will have lots of opportunities to practice your skills.

Speaking of skills . . . this week, after you are finished with your Midterm Exam, take the two short minute-and-a-half **tests of your observational skills** before you continue your intensive look at the wide variety of Anthropology of Food video materials. You should take those short tests this week, but wait until after you have finished the Midterm Exam (you will have enough to do before the Exam).

After the Exam



Take the Two (Very Short) Selective Attention Tests in Preparation for Watching Remaining Videos.

(Be sure to take both tests. Read the instructions carefully.)

First, take the . . .

Selective Attention Test

<http://www.youtube.com/watch?v=vJG698U2Mvo>

Read and follow the directions carefully.

(Be sure to also count the *bounce* passes.)



**When you are finished with the Selective Attention Test,
watch . . .**

The Monkey Business Illusion

http://www.youtube.com/watch?v=IGQmdoK_ZfY

(It too is short: 1:42)

Again, read and follow the directions carefully.

(And as with The Selective Attention Test, be sure to also count
the *bounce* passes.)



**After the Midterm Exam,
and after these short Selective Attention Tests
“Food and Culture”
will be our focus.**

And, hopefully, in the last part of the term you will be **applying your analytical anthropological skills** that you have been developing and honing in the first four weeks of the course.

We'll spend much of the rest of the semester examining

how people get their food in industrial cultures,

and in exploring the social, corporeal, sacred/religious, psychological, political, economic, and cultural aspects of food—that's the **holistic** anthropology approach (you remember that from "Main Characteristics of Anthropology", Weeks 1 and 2).

When you're finished with your exam and attention tests

we'll do a

Controlled Comparison

focusing on Food and Religion,

and more specifically, a comparison involving

—Chinese : Buddhism : Food

in China and Malaysia

We'll start by watching . . .

The Pig Commandments

(72 min, 2005)

followed by the short film, a part of a series,

”Food for Body and Spirit”

(29 min, 1984)

* * * * *

The Pig Commandments

(72 min, 2005)

 [Online Access](#)

[click  here]

(use with [VPN](#) if you are off campus)

[course viewing guide](#)

[transcript](#)

NOTE: This video should be compared with *Food for Body and Spirit* below.

In the film *The Pig Commandments*, we'll see **how food tears apart** a major segment of Chinese culture in Malaysia. This is an older film, but it is more than ever relevant to today.

"To Chinese, pig symbolizes prosperity and health. Pork is the principle ingredient of the main course of Chinese feasts and it is the best choice of offerings. In contrast, pig is unclean to Muslims. It surely would not be found on their dining table. Conflict is inevitable when these two values meet. The scene is set in Malaysia, home to 12 million Muslims and 6 million Chinese. A group of Chinese who make their living in the pig business confronts Muslims who are forbidden to eat pork; Chinese Muslims are often caught in the crossfire. What is the solution to this deep-rooted ethnic dilemma?"

"This fascinating film illustrates how religious differences, even on the basic level of dietary prohibitions, can affect the way neighbors interact. It focuses on Malaysia, home to 12 million Muslims and 6 million Chinese. Islam bans the eating of pork, considering it unclean, while the Chinese have treasured pork for thousands of years. The ancient Chinese character for 'home' was a pig. For the Chinese the pig is a symbol of prosperity and all celebrations involve a pig roast."

"*Pig Commandments* outlines the ways in which the Muslim prohibition to eat pork affects the relationship between the Chinese and Muslims in this part of the world. There is legislation to keep pig farms away from the Muslim population. Many Chinese in Malaysia have converted to Islam. For them, the Koran has been translated into Chinese; and four chapters of the Koran deal with the prohibition to eating pork. One Chinese convert describes the problem with eating with her family. Only once a year when the Chinese celebrate the New Year with a vegetarian meal, can she join her family at dinner."

"*The Pig Commandments* shows how dietary laws can divide people or bring them closer together. It demonstrates dramatically the social effects of food regulations and the sensitivity of people who are offended by another culture's eating habits. Scholars, religious leaders, and people of both religions express their feelings about this contentious issue. In addition we see how generations of pig farmers are proud of their succulent product."



Shaikh Hussain Ye
Malaysia



* * * * *

Taste of China, Part 2,

▶ **”Food for Body and Spirit”**

(29 min, 1984)

▶ [Online Access](#)

[click [↑](#) here]

(use with [VPN](#) if you need to)

[course viewing guide](#)

”Food for Body and Spirit”—the second film of a classic four-part series, *A Taste of China*—shows how in traditional Chinese culture religion and food has *united* Buddhists families for over a thousand years. In **”Food for Body and Spirit”** we’ll have a look at a Chinese Taoist temple retreat, high on Blue City Mountain in Szechuan Province, China, and we’ll have a look at Buddhist Slow Food and Locavorism . . . and we’ll see **how food holds Chinese culture together, and has for millennia**. . . This film, like *Pig Commandments*, is an older film, but what it has to say is still relevant today—as it has been for thousands of years.



WEEK 6 SLIDES . . .

[Class Slides for the Semester](#)

“Other Important Terms”

[\(.pptx\)](#)

[click ↑ here]

Before you take your Midterm Exam . . .

Introduction / Orientation

[\(.pptx\)](#)

Main Characteristics of Anthropology

[\(.pptx\)](#)

Other Important Terms

[\(.pptx\)](#)

Biocultural Framework for the Study of Diet and Nutrition: Introduction

[\(.pptx\)](#)

- **Nutritional Status**
[\(.pptx\)](#)
- **Human Nutrient Needs**
[\(.pptx\)](#)

Diet and Human Evolution: Introduction

(.pptx) [↗](#)

[do not spend too much time on this slide set]

The Neolithic "Agricultural" Revolution

(.pptx) [↗](#)

The Industrial Revolution

(.pptx) [↗](#)

The Scientific Revolution

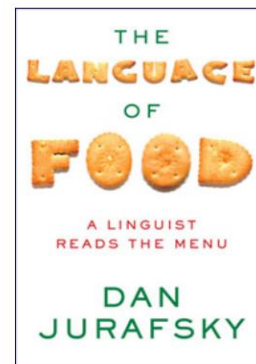
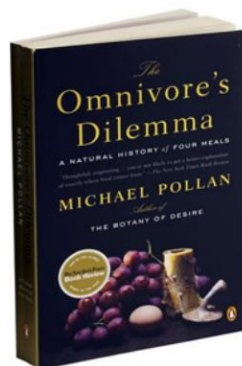
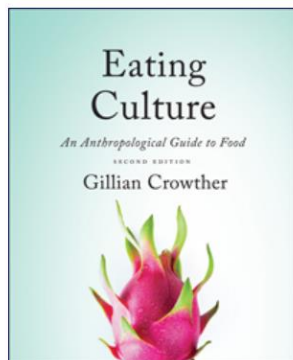
(.pptx) [↗](#)

[click [↑](#) the above]

READINGS FOR WEEK 6 . . .

[Readings for the Semester](#) [↗](#)

[Textbook Information](#) [↗](#)



Review for [Midterm Exam](#)

For after the Midterm Exam

- **Eating Culture, Second Edition, Gillian Crowther**

- CHAPTER FIVE: RECIPES AND DISHES

- **Omnivore's Dilemma, Michael Pollan**

- "Introduction: our national eating disorder"
- Ch. 1 "The plant: corn's conquest"
- Ch. 2 "The farm"
- Ch. 3 "The elevator"
- Ch. 4 "The feedlot: making meat"

(We're starting this book here, with Michael Pollan's discussion of "The forager" and "The ethics of eating animals" as next Week we begin having a closer look at hunting / gathering / foraging as a way people get their food in nonindustrialized societies)

- **The Language of Food, Dan Jurafsky**

- (Review)

OTHER ASSIGNMENT INFORMATION . . .

Main Due Dates[↗](#)

s2022 [Module 6 – Week 6](#)[↗](#)

DUE: MIDTERM EXAM . . .

will be available from Monday a.m. to Saturday,
14 - 19 February 2022
(10:00 p.m. starting time on Saturday)

A good activity to start your review would be looking over Ch. 1, "Setting the Anthropological Table", the slide sets (see above), and the

“What’s Happening?” weekly memos. And, of course, focus on the **Study Questions**.

Use the annotated questions from the assignment of the end of Week 4 as your study questions.

Study Questions are at . . .

s2022 @ <<https://canvas.umn.edu/courses/282589/modules/items/7029877>>[↗](#)

[click  here]

As I mentioned before, be sure to **focus on the *ideas* and main concepts, and differing points of view**, and do not be preoccupied with only trying to memorize facts and assorted pieces of information.

General Midterm Exam Information is at . . .

<https://www.d.umn.edu/cla/faculty/troufs/anthfood/afexams_midterm.html#title>[↗](#)

Live Chat is Tuesday at 7:00 pm

The final *pool* of questions generally contains 12-16 questions, all taken from the annotated wiki list of Discussion questions (link above), including at least one current affairs question.

[The final pool of questions will not include more than one question on the same (or essentially similar question), which is one of the reasons why it usually ends up with 12-16 questions; other questions that were submitted would be better for the final exam, and those questions are noted.)]

2022 Spring (12/27/202...

Home

Announcements

Modules

People

NameCoach Roster

Discussions

AF Wk 6 Other Important Terms (.pptx)
Feb 19, 2022 | 0 pts

(optional) AF List of SLIDE DECKS for the Entire Semester

READINGS FOR WEEK 6 ...

AF Wk 6 Readings (after the exam)

(optional) AF List of READINGS for the Entire Semester

The [List of Readings for the Entire Semester](#) could be a handy reference when reviewing the readings for the exam:

PROJECT INFORMATION ...

[Basic Information](#)
[Main Due Dates](#)

DUE: DISCUSSION WEEK 6 ...

Slow Food Convivia / Locavorism



Slow Food restaurant placard, [Santorini, Greece](#).

(optional) **FOR FUN FOOD TRIVIA . . .**

[Food Trivia HomePage](#)

(optional) **“What religious food prohibitions do Buddhists have?”**



Buddhist monks and nuns praying in the Buddha Tooth Relic Temple of Singapore
Wikimedia



“Food for Body and Spirit”

[Answer](#)

(optional) **EXTRA CREDIT . . .**

[Basic Extra Credit Information](#)

Extra Credit is available in this class.
We'll have a closer look at Extra Credit after the Midterm Exam.

OTHER (OPTIONAL) . . .

(optional) **Study Abroad? Explore the World? Do it. . . .**

QUESTIONS? / COMMENTS . . .

If you have any **questions or comments** right now, please do not hesitate to post them on the  **canvas** “Discussions”, or e-mail troufs@d.umn.edu , or **ZOOM** <https://umn.zoom.us/my/troufs> . (E-mail is fastest, and most generally best as quite often URLs need be sent.)

Best Wishes,

Tim Roufs

<<http://www.d.umn.edu/~troufs/>>

<<https://umn.zoom.us/my/troufs>>

<[other contact information](#)>